

April 4
No Adult Ed

April 11
Sustainable Health: Nature's Healing Plants

with Dr. Jim Adams & Cecilia Garcia
Cecilia Garcia and Jim Adams will teach you how to use California medicinal plants in your health care. Cecilia Garcia is Chumash healer and was trained in healing by her grandparents. Jim Adams is a Professor in the USC School of Pharmacy. Together they have written a book "Healing with Medicinal Plants of the West" and several articles for medical journals and magazines. They will bring several California plants and will teach you how to safely use each plant in your health care. SWEETLAND HALL

The Making of the Picture Book All The World
with Marla Frazee

"Whoever you are and wherever you find yourself..." is at the heart of the Caldecott Honor and New York Times Best Illustrated picture book, "All the World", written by Liz Garton Scanlon and illustrated by All Saints parishioner Marla Frazee. The book is a celebration of interconnectedness, as well as a love-song-in-pictures to California. In this lively and intimate visual presentation, Marla will talk about her work as a children's book author-illustrator. GUILD ROOM

April 18
ASC / Muir Mentoring Project
with Greg Stephens, Lorna Miller and the Mentors

A year into mentoring Muir High School students, we will give you an update on the project, mentors will share their experience and we will unveil new plans for expansion of mentor opportunities that would require a shorter term commitment.

SWEETLAND HALL

April 25
Put Your Plan in Place
with Peggy Buchanan & Sarah Nichols

Navigating aging and end-of-life for yourself or your parents? Are you dealing with aging

parents or grandparents? Are you moving toward retirement or there already? Our lives get more complex as we get older, but there's no handbook for aging. The Rev. Sarah W. Nichols, Director of Pastoral Care from The Episcopal Home Communities, will address family dynamics and the aging process, communicating health care wishes, options for senior living, and planning ahead for a quality end-of-life. Bring your questions and join us!

SWEETLAND HALL

Facebook in person with Toi and Sam!

with Toi Perkins and Sam Prince

All parents and all interested in our junior and senior high youth and their formation of faith are invited to join Toi and Sam to learn and share your concerns or ideas for our youth programs. GUILD ROOM

May 2
"Living Inside Imagination", Viewing the Art of Foster Children
with Elisa Callow

Speaking in conjunction with the 2nd annual Foster Care Project Art Show and Auction, Elisa will share her expertise on the artistic expression of children. She is the founding director of the Armory Center for the Arts. In the process she built partnerships with schools, city departments, grassroots community organizations, and more established arts institutions. Her most recent associations include The Auckland Museum, the LA Municipal Art Gallery, Center for the Arts Eagle Rock, the Pacific Asia Museum, and the San Francisco Symphony. She has also served on many arts and education boards, including Pasadena Learns, the Ojai Music Festival, and the Pasadena Conservatory of Music. Several of the young artists will be available to share their stories and discuss their art. SWEETLAND HALL

Facebook in person with Laura and Jobi!

with Laura Thornton and Jobi Harrell

All parents and all interested in our programs for infants, toddlers and children are invited to join Laura and Jobi to learn more and share your concerns or ideas for our children and their formation of faith.

GUILD ROOM

May 9
No Adult Ed

May 16
The Soul of a Leader
with Margaret Benefiel

In twenty-first century America, leaders are rewarded for their drive, decisiveness, productivity, and long work hours. What would it look like for a leader to cultivate the inner life, to step off the treadmill, to take time apart for personal reflection? What would leadership arising from a core of spiritual groundedness and compassion look like? This presentation will examine principles of soulful leadership using examples of both well-known and ordinary leaders. It will also help participants reflect on and bring a soulful dimension to their own leadership: at work, at church, at home, or in their communities. SWEETLAND HALL

EFM

with Gary Leonard, Gale Young, Ken VanDerHorst & EFM Graduates

Education for Ministry provides a small group experience of study and reflection for those eager to learn more about the Bible and the Episcopal Church. EFM is a four-year course prepared by the professors at the seminary of the University of the South in Sewanee, Tennessee. EFM curriculum covers Hebrew and Christian scriptures, church history, important theologians from the past to the present, and tools on developing your personal faith. Most importantly, EFM recognizes that our lives are the stuff of theology. Each week during a traditional school year, the small group (maximum 12) will meet under the guidance of a trained mentor to discuss the weekly reading assignment, practice theological reflection and worship together. GUILD ROOM

May 23
No Adult Ed

May 30
Ayatollahs, Martyrs, & Nukes: A Background Briefing on Iran
with Sarah Forth

American media presents a distorted picture of Iran--and leaves out most of the context. If you would like a more authentic understanding of the Islamic Republic, join Sarah Forth for a slide show and discussion based on her 2005 and 2007 visits to Iran. You will leave with a better grasp of how 2500 years of Persian history have shaped this nation's people, politics, and religion.

SWEETLAND HALL

Civil Right Movement *with Boyd Lewis*

Emmaus House has preached the social gospel deep in the heart of Atlanta's poorest neighborhood since 1967. Boyd Lewis will present photographs of this project of the Episcopal Diocese of Atlanta. Lewis has been attending All Saints since 1998 and was a journalist in Atlanta for nearly 30 years before moving to Pasadena.

GUILD ROOM

June 6 **No Adult Ed**

June 13 **The Limits of Power: The End of American Exceptionalism** *with Tom H. Hubbard*

Andrew J. Bacevich is a professor of history and international relations at Boston University and a retired military officer. His newest book, "The Limits of Power: The End of American Exceptionalism," examines the economic, political, and military crises dividing our country. Exposing the three illusions that have distorted U.S. policy since 1945, he challenges Americans to respect power and its limits, shed their claims of exceptionalism, critically examine their way of life, and learn to live within their means. The leader of the session, Tom H. Hubbard, is committed to leaving ample time for discussion of these critical issues.

SWEETLAND HALL

Stories From Urban Los Angeles: Young Adult Interns transformed through Service *with Jason Cox*

The Episcopal Urban Intern Program believes that the experience of serving others changes us as much as them. Come and be inspired about how our interns are transformed by their experience of serving the poor and oppressed in urban Los Angeles. Hear the moving stories of young adult interns living in intentional community in Hollywood, working with street children, gangmembers, children at risk and other urban ministries in Los Angeles. All of us are called to serve--how is God calling you? Are you ready for the transformation service might bring to your life?

GUILD ROOM

June 20 **Cyber Crime: Do you know where your children are?** *with Tracy Webb*

Interactive presentation on current issues of cyber crime and cyber safety for children and teens including internet predators, sexting, cyber bullying and social networking sites.

SWEETLAND HALL

The bipolar coaster - riding the edge of madness with two minds *with Carlton Davis*

The speech presents Davis' view of Bipolar Disorder that it is an affliction of two minds one negative and the other positive. Conflict arises when the two minds are not working in sync with each other. In Davis' view each person no matter if healthy or ill lives in a duality of two, reflected by the two hemispheres of the brain. In the healthy individual the two hemispheres or minds work in harmony and keep a person from elevation to the heights of mania and the descending into the depths of depression; in the unhealthy individual the two selves are at war with one another. This is a simple explanation for something much more subtle and broad. What he provide is a different paradigm for understanding one aspect of mental illness, which is based on his own experience.

GUILD ROOM

June 27 **Love as an Agent of Growth** *with Daniel Paul*

One of a person's most universal and powerful desires is to feel the transformational power of love. The selfless aspects of love mitigate isolation. The experience of merger with another is ecstatic fostering an expansion of the sense of self. Validation by a lover can recover buried parts of the self furthering personal growth and well being. Love is not without its costs as it can be accompanied by suffering, depicted in novels as the agony and the ecstasy. Please join Daniel Paul, Ph.D. to explore various elements surrounding romantic love that constitute its possibilities, mysteries and challenges.

SWEETLAND HALL

"Forgiveness" *with Pastoral Care and Spiritual Growth*

Connie Domino asserts, "There are some wrongs that people will never agree with or accept, but that doesn't mean that they can't be forgiven. It also doesn't mean that people should forget or accept any sort of similar mistreatment in the future." She advises "we should forgive the ones who have hurt or angered us, which then allows us to unblock our energy, feel more peaceful and fulfill our desires. Forgiveness is done more to benefit the individual rather than the one being forgiven."

GUILD ROOM

J. Edwin Bacon, Jr.
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Abel Lopez
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Visit our website at
www.allsaints-pas.org
for updated information.

**EVENTS IN THIS SCHEDULE
ARE SUBJECT TO CHANGE.
IF CHANGES OCCUR, A NOTIFICATION
WILL BE POSTED ON
THE BULLETIN BOARD AND IN
THE LITURGY.**



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